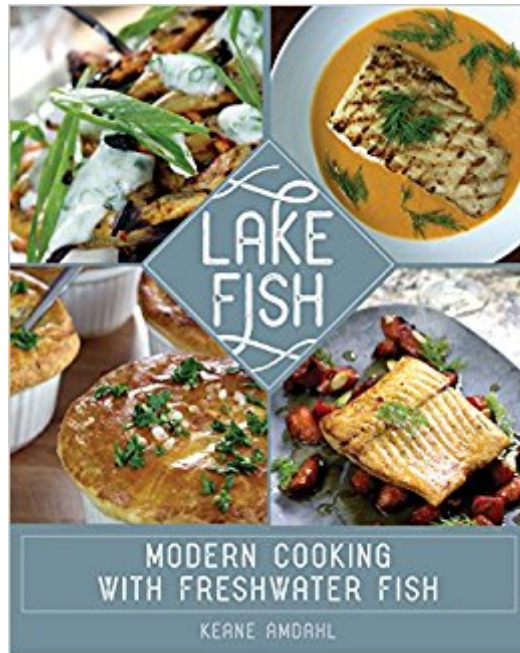




Ebook Directory
the best source of ebook

The book was found

Lake Fish: Modern Cooking With Freshwater Fish



Synopsis

The Midwest is home to streams and lakes and even inland seas, and these assorted freshwater sources offer up much bounty, from classic panfish and trout to world-famous walleye to Lake Superior ciscoes. Whether you've anglers among your family and friends or you've got a line on specialty markets that are expanding all the time, freshwater fish offer an excellent and varied way to savor "seafood" locally and sustainably. Creative home cook Keane Amdahl takes the mystery out of this versatile protein source and brings its preparation into the twenty-first century with inspired ingredient combinations and ample advice on how to make the most of what's at hand. Arranged by fish type, recipes include appetizers like Sunfish Pot Stickers and Harissa Grilled Smelt with Mint and Cilantro Yogurt; new interpretations of soup and salad standbys like Midwestern Fisherman's Stew and Smoked Trout Kale Niçoise; and flavorful mains like BBQ Northern with Cajun Fried Rice and Walleye with Morels and Brown Butter. Drawing on all things local—from purveyors of smoked and fresh fish to aquaculture farms to farmers' markets—Amdahl encourages readers to experiment along with him as they seek to thoroughly enjoy their catch of the day.

Book Information

Paperback: 256 pages

Publisher: Minnesota Historical Society Press (May 1, 2017)

Language: English

ISBN-10: 1681340283

ISBN-13: 978-1681340289

Product Dimensions: 8 x 0.7 x 10 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #431,085 in Books (See Top 100 in Books) #71 in [Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > Midwest](#) #127 in [Books > Cookbooks, Food & Wine > Cooking by Ingredient > Fish & Seafood](#)

Customer Reviews

Keane Amdahl (@FoodStoned) is a social media specialist, food writer, and blogger. His work has appeared in City Pages and Lavender and on Thrillist and Twin Cities Food Finds. He lives in Minneapolis, where "the next culinary revolution is taking place (probably)."

Lake Fish is very well done, informative and visually appealing. I can't wait to dive into the recipes!

[Download to continue reading...](#)

Lake Fish: Modern Cooking with Freshwater Fish Southern Cooking: Southern Cooking Cookbook - Southern Cooking Recipes - Southern Cooking Cookbooks - Southern Cooking for Thanksgiving - Southern Cooking Recipes - Southern Cooking Cookbook Recipes Smoking Meat: Fish Edition: Top 25 Amazing Smoked Fish Recipes (Smoked Fish Recipes, Smoked Fish Cookbook, Smoked Fish Guide, Unique Smoking Fish Recipe Book, Smoking Meat, BBQ Cookbook) Smoking Meat: Fish Edition. : Delicious Smoking Fish Recipes for Everyone (Book 2, Smoked Fish Recipes Cookbook, Smoked Fish Guide, Unique Smoking Fish Recipe Book, Smoking Meat, BBQ Cookbook) Freshwater Fish of Florida Field Guide (Fish Identification Guides) One Fish Two Fish Red Fish Blue Fish (I Can Read It All by Myself) Poisson Un Poisson Deux Poisson Rouge Poisson Bleu: The French Edition of One Fish Two Fish Red Fish Blue Fish (I Can Read It All by Myself Beginner Books (Hardcover)) One Fish Two Fish Red Fish Blue Fish (Beginner Books(R)) What Pet Should I Get? and One Fish Two Fish Red Fish Blue Fish Robotic Fish iSplash-MICRO: A 50mm Robotic Fish Generating the Maximum Velocity of Real Fish (High Speed Robotics. Mechanical engineering and kinematics for maximum velocity robot fish. Book 4) AAA Nevada & Utah: Carson City, Las Vegas, Lake Tahoe Area, Ogden, Provo, Reno, Salt Lake City: Arches, Bryce Canyon, & Zion National Park Maps, Downtown Salt Lake City Map, Las Vegas Strip Map, Driving Distance Charts, Toll & Ferry Information (State Series 2007, 2007-513806) Cooking for One Cookbook for Beginners: The Ultimate Recipe Cookbook for Cooking for One! (Recipes, Dinner, Breakfast, Lunch, Easy Recipes, Healthy, Quick Cooking, Cooking, healthy snacks, deserts) Cooking for Two: 365 Days of Fast, Easy, Delicious Recipes for Busy People (Cooking for Two Cookbook, Slow Cooking for Two, Cooking for 2 Recipes) Bass Fishing: Tips and Tricks for Catching Largemouth Bass (Fishing Guide, Freshwater Fishing, Bass Fishing Books, How to Fish, Fishing Tackle) The Illustrated World Encyclopedia of Freshwater Fish & River Creatures: A Natural History and Identification Guide to the Animal Life of Ponds, Lakes ... 1000 Detailed Illustrations and Photographs Global Warming: Implications for Freshwater and Marine Fish (Society for Experimental Biology Seminar Series) Freshwater Fish Distribution How to Freshwater Fish Like a Pro (Outdoor Sports Skills) One Fish, Two Fish, Three, Four, Five Fish (Dr. Seuss Nursery Collection) Healthy Meal Prep: Healthy Cookbook Recipes for Weight Loss, Paleo Diet, Summer Recipes, American Cooking, Cookbook of Fish, Meat, Chicken, Vegetarian, Vegan, Soups & Stews - Cooking Recipe Anthology

Contact Us

DMCA

Privacy

FAQ & Help